



The J24 Autumn Cup

Saturday 28st and Sunday 29th September 2019

The Organizing Authority is The Poole Yacht Club (TPYC)

The Regatta will be held in Poole Bay or Poole Harbour (in adverse weather)

SAILING INSTRUCTIONS

1. RULES

The regatta will be governed by the rules as defined in:

The Racing Rules of Sailing (2017-2020).

The prescriptions of the RYA and the Notice of Race for the event.

The J24 Class Rules

The J24 Class Rule C2.1(b) is changed as follows:

A crew nominated or listed for this event may be different for different days only if scheduled in advance at registration. Emergency changes may be made only with written permission of the race committee.

The Poole Harbour Bye Laws. <https://www.phc.co.uk>

The Poole Harbour Yacht Racing Criteria. https://www.phc.co.uk/leisure_yacht.html

Where there is conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail.

2. NOTICES TO COMPETITORS

2.1. Notices to competitors will be posted on the official notice board located outside the Race Office under the balcony on the south side of TPYC clubhouse.

2.2. Any change to the sailing instructions will be posted before 09.00 on the day it will take effect. However, a change to the schedule of racing shall be made no later than 20.00 the day before.

3. SIGNALS MADE ASHORE

3.1. Signals made ashore for all classes will be displayed on the Club flagstaff outside the Race Office on the south side of the clubhouse.

3.2. Where flag AP is flown ashore, '1 minute' is replaced by 'not less than 60 minutes' in the race signal AP. This changes the meaning of Flag AP in the RRS.

4. PERSONAL BUOYANCY

4.1. When ICF "Y" is flown ashore in accordance with SI 4.1 or from the Committee Boat (CB), RRS 40 applies at all times while afloat, except briefly while changing clothing or personal equipment. This changes rules 27.1, 40 and the Part 4 preamble.

5. SCHEDULE OF RACES

5.1.	DATE	TIME	ACTIVITY
	Saturday 28 th Sept	10:55	1 st Warning Race 1
	Sunday 29 th Sept	10:25	1 st Warning Sunday races

Sunday 29th Sept

14:25

Latest time of warning signal for
the final race

- 5.2. One extra race may be sailed on Saturday provided that the regatta does not become more than one race ahead of schedule and the change is made according to the provisions of the Sailing Instructions. If the regatta is behind schedule, extra races to a maximum of five races may be sailed in a single day.
- 5.3. Launch: will be from Mid-day to 6pm Friday 27th September. It may be possible to launch Saturday but only if pre-arranged and may be charged extra.
- 5.4. Registration: Entrants must register in the Academy Room from 17:00 to 19:00 on Friday 27th September or from 08:30 to 10:00 on Saturday 28th September 2019.
- 5.5. Weigh in for J24 crew: Friday 27th September from 17:00 to 19:00 and Saturday 28th September from 09:00 to 09:30.
- 5.6. A briefing for competitors will be held on TPYC terrace at 09:30 on Saturday 28th September.
- 5.7. The aim will be for 4 races on Saturday and 2 races on Sunday. Races will be run back-to-back.
- 5.8. It is our intention that all boats should be craned out before the prize giving on Sunday.

6. CLASS FLAG

The Class Flag will be ICF "Juliet"

7. RACING AREAS

Attachment A shows the location of the racing areas. It is the Race Committee's intention to race in Poole Bay to the east of Poole Harbour entrance. In the event of adverse conditions, racing may take place inside Poole Harbour in the area known as the "Top Triangle" to the west of Brownsea Island and south of the TPYC.

8. THE COURSES

- 8.1. Courses will be Windward-Leeward. The diagram in Attachment B shows the courses, including the order in which the marks are to be passed and the side on which each mark is to be left.
- 8.2. No later than the warning signal the race committee signal vessel will display the approximate compass bearing of the first leg and the number of laps to be sailed. This information may be broadcast on the relevant VHF channel.
- 8.3. The windward mark will have a spreader mark (mark 1a) which must be passed to port on every round.
- 8.4. Marks 2 will be a leeward gate which must be sailed between.
- 8.5. If one of the gate marks (2s or 2p) is missing and has not been replaced as described in RRS 34 then the remaining mark shall be rounded to port. For clarity instructions may be broadcast on the relevant VHF channel. Failure to receive any such broadcasts will not be grounds for redress under rule 62.1. This adds to RRS34.

9. MARKS

- 9.1. Marks 1, 2p and 2s will be large orange inflatable buoys.
- 9.2. The windward spreader mark 1a will be an orange dan buoy displaying an orange flag.
- 9.3. The starting marks will be a race committee vessel displaying an Orange flag on its mast at the starboard end and an orange dan buoy displaying an orange flag at the port end.

9.4. Alternate windward mark will be a large blue inflatable buoy.

9.5. The finishing marks will be the race committee vessel at its starboard end displaying an orange flag and an orange dan buoy displaying a blue flag at its port end.

10. AREAS THAT ARE OBSTRUCTIONS

10.1. In the event that racing takes place inside Poole Harbour, the area east of a line running north from Channel Marker 34 and north of a line running east from Channel Marker 34 shall be an obstruction. See Attachment A.

11. THE START

11.1. Races will be started using RRS26 with the warning signal made 5 minutes before the starting signal.

11.2. The starting line will be between staffs displaying orange flags on the starting marks.

11.3. A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules 63,1 A4 and A5.

12. RECALLS

12.1. In addition to the procedures in Rule 29.1, the Race Committee may announce on VHF that one or more boats were over the line, but not sooner than 1 minute after the start. Competitors are reminded that it is their responsibility to ensure that they have started correctly. Failure to make or receive such transmissions is not grounds for redress. This changes rule 29.1

13. CHANGE TO THE NEXT LEG OF THE COURSE

13.1. To change the next leg of the course, the race committee will lay a new mark, (or move the finish line) and remove the original mark, as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. This changes Rule 33. Clarification of the new course may be transmitted on the relevant VHF channel. Failure to receive any such broadcasts will not be grounds for redress under rule 62.1

13.2. Minor mark movements of up to approximately 100m or up to 10 degrees may be made without signalling a change of course. This changes rule 33.

14. SHORTENED COURSE

14.1. The course may be shortened by the CB at the Finishing Line. In this event the CB shall display flag S with two sound signals prior to the lead boat approaching mark 2p/2s; in addition, a RC boat may be positioned adjacent to mark 2s/2p displaying K flag. Broadcasts may be made on the relevant VHF channel. All boats shall then complete the lap they are sailing and after passing mark 2p left to port proceed to the Finishing Line. This change is additional to RRS 32.2 and is an addition to Race signals. Failure to receive any such broadcasts will not be grounds for redress under rule 62.1

15. THE FINISH

15.1. The finishing line will be between the mast displaying an orange flag on the committee vessel at the starboard end of the line and the orange dan buoy displaying a blue flag at the port end.

16. PENALTY SYSTEM

16.1. The Two-Turns Penalty is replaced by the One-Turn Penalty except where an infringement of RRS Part 2 takes place within the zone (3 hull lengths) of a mark of the course, when a boat shall take a Two-Turns Penalty. This changes rule RRS 44.1.

- 16.2. The penalty for breaking RRS Part 3 rule 31 is unchanged: a boat may take a One-Turn Penalty when she may have broken rule 31.

17. TIME LIMITS AND TARGET TIMES

- 17.1. Target time for each race will be 50 minutes.
17.2. The time limit for each race will be 75 minutes for the first boat. When the first boat finishes within the time limit, the time limit is extended by 20 minutes. Boats failing to finish within 20 minutes of the first boat sailing the course and finishing, will be scored DNF without a hearing. This changes RRS35, A4 and A5.

18. PROTESTS AND REQUESTS FOR REDRESS

- 18.1. Protest forms are available from the Race Office at the Poole Yacht Club. Protests and requests for redress or reopening shall be delivered to the Regatta Office within the appropriate protest time limit.
18.2. The protest time limit is 90 minutes after the last boat of that class has finished the last race of that day or 90 minutes after the time that the race committee signals that racing is abandoned for the day, whichever is later.
18.3. Notices will be posted on the official race notice board no later than 30 minutes after the protest time limit ends to inform competitors of hearings in which they are parties or named as witnesses. All parties to a hearing must assemble at the appointed time.
18.4. Notice of a hearing posted on the race noticeboard will be adequate notice to competitors. This changes RRS 63.2
18.5. Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b)
18.6. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 70.5.

19. SCORING

- 19.1. Three races are required to be completed to constitute a series. This changes rule 10.1 in the Notice of Race.
19.2. (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.
(b) When from 4 to 6 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

20. SAFETY REGULATIONS

- 20.1. A boat that retires from a race shall notify the race committee as soon as possible.

21. REPLACEMENT OF CREW OR EQUIPMENT

- 21.1. Substitution of competitors will not be allowed without prior written approval of the race committee.
21.2. Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

22. EQUIPMENT MEASUREMENT AND CHECKS

- 22.1. On the water, a boat can be instructed by a member of the race committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected or measured between the following times: 08:00 to 19:00 on Saturday 28th September; 08:00 to 18:00 on Sunday 29th September.

23. HAUL OUT RESTRICTIONS

23.1. Boats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

24. RADIO COMMUNICATIONS

24.1. All yachts shall carry and operate a VHF radio and monitor Race committee broadcasts.

24.2. The race committee will use VHF Channel 37A (M1) to communicate with competitors.

24.3. The failure to receive any race committee transmissions shall not constitute grounds for redress.

24.4. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

25. PRIZES

25.1. Prizes will be awarded for 1st, 2nd and 3rd boats in the series. Additional prizes may be awarded, depending on entries.

26. RISK STATEMENT: All crew shall read this statement.

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, safety boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) Patrol boats and safety boats are not provided.
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or event and to read the Safety Briefing in the Sailing Instructions.
- (h) For offshore races they are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is crew in sufficient number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

27. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

28. TIDES (Poole Harbour Entrance)

Saturday 28 th September:	LW 16:28 (0.5m)	HW 09:36 (2.4m)
Sunday 29 th September:	LW 17:09 (0.4m)	HW 10:16 (2.5m)

29. FURTHER INFORMATION

The Poole Yacht Club Arrival Information for Visitors

Address:

The Poole Yacht Club, New Harbour Road, Poole, BH15 4AQ
Telephone: 01202 672687

Arrival:

The gates will be open for you to drop off boats up to 10.00pm on the Friday evening.
PLEASE DO NOT ARRIVE LATER THAN THIS AS THE GATES WILL BE LOCKED.

The gates will re-open at 8.00 a.m. on Saturday morning.

Marshals from the Club will direct you on arrival to your allocated space where you should park your vehicle and trailer for the weekend. Please prepare your boat leaving it in your allocated space until called for launch.

Accommodation:

Motorhomes & Campervans can be booked into TPYC for the event on a first come first served basis with Lorna Whitehead on 01202 672687 or via email
lorna.whitehead@pooleyc.co.uk

Visiting camper Vans (Max 8m long):

£19.00	per night (Bund Wall, pre-booked/paid; no electricity, but amazing view)
£30.00	per night (Main Yard with electricity, pre-booked/paid)

Spaces are limited and need to be pre-booked and paid to the Club Office: a parking permit/space no. will be sent on receipt and will need to be presented at the gate on arrival.

Car Parking

Parking is normally available within the car park of TPYC.

Registration:

Entrants must register in the Academy Room from 17:00 to 19:00 on Friday 27th September or from 08:30 to 10:00 on Saturday 28th September 2019.

Official Noticeboard:

Located outside the Race Office underneath the Club balcony.

Café on site:

The café is open all day and serves meals at normal meal times, including: bacon roll Saturday/Sunday morning.

Dogs:

Dogs are allowed on site but must be kept on a lead at all times. Dogs are not allowed in the clubhouse and owners are asked to respect others by keeping them quiet and clearing up after your dog at all times.

Ribs:

The Poole Yacht Club (TPYC)

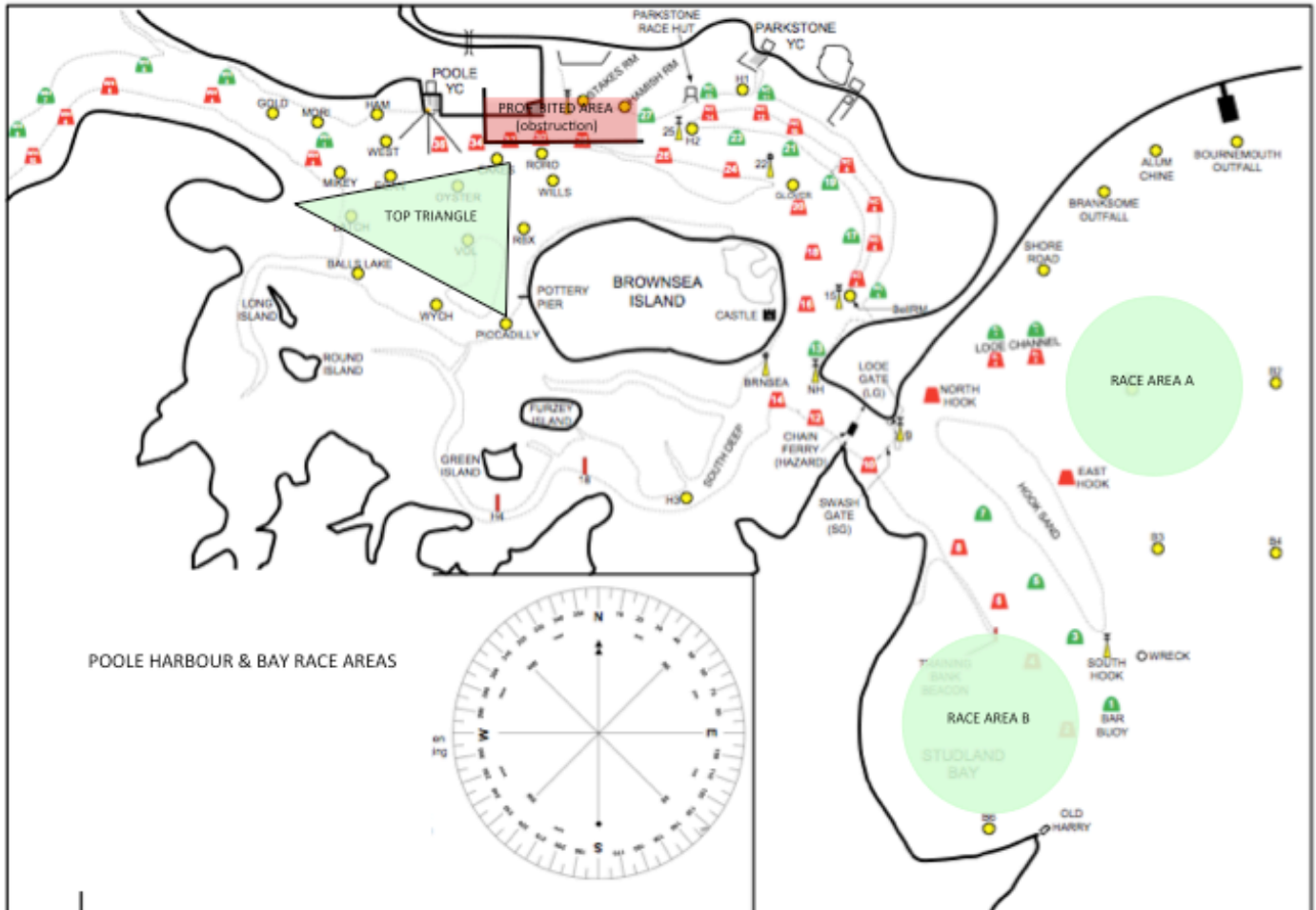
If you are bringing your rib to Poole YC, there is a launching and recovery fee for use of the slipway and facilities of £17.00. Ribs may be launched as directed by the Club marshals.

Social:

The entry fee will include a BBQ for 5 people on Saturday straight after racing. The club house and bar will welcome all J24 sailors and their families during / after the BBQ.

Extra tickets can be purchased if required. Contact Jackie on 07813 941297 or email: djhale@talktalk.net

Attachment A: Race Areas



Attachment B – Courses

The diagram shows the course, the **approximate** relative positions of the marks of the course, the number of laps to be sailed and which side marks are to be left

- 1) LAPS = 1: START – 1 – 1a – 2p – FINISH
- 2) LAPS = 2: START – 1 – 1a – 2p/2s – 1 – 1a – 2p – FINISH
- 3) LAPS = 3: START – 1 – 1a – 2p/2s – 1 – 1a – 2p/2s – 1 – 1a – 2p – FINISH
- 4) LAPS = 4: START – 1 – 1a – 2p/2s – 1 – 1a – 2p/2s – 1 – 1a – 2p/2s – 1 – 1a – 2p – FINISH
- 5) Marks 1 and 1a and 2p to be left to port; mark 2s to be left to starboard

